

Prickles of pepper

San Diego is a breakfast city

aslamp Quarter. People wary. Streets empty. Seagulls fighting over scraps. One place crowded: breakfast joint on 6th and J. It's blossoming in sky-blue umbrellas and rosy pink chairs. And busy! Really sur-

prising at this time, about two o'clock on a Tuesday afternoon. Any restaurateur will tell you that Tuesday is the worst day of the week, business-wise.

For me, this is perfect. I got off the Green Line trolley at the Gaslamp Quarter. Started wander

ing. Looked like no chance of a brekky among the bars that were open. Then I came to Sixth and J. and this brick and black pile that's a Residence Inr by Marriott. But it is transformed along I. They've built a long corral of temporary timber fencing. It's the extended sidewalk seating for the Gaslamp Breakfast Company.

Mashed potato waffle. You'll just have to talk to your taste buds

Actually looks great. Tables stretch arour

both corners of the block. The scene is busting out

with all these people, spaced two tables apart, but

an hour till their three o'clock closing.

The reception guy takes me halfway down the block to the nearest available table. Leaves a QR code for the touchless menu. Says they've still got

Server named Felipe comes up, asks if I want anything to drink. And by that he means anything,

Like, they have a full bar. But coffee is all I care

about right now. They do have nitro cold brew, \$4 for 8 ounces, or \$6 for 16. But no. Things are a little

chilly, even in the sun. So this coffee's gotta be hot.

And what a good choice. Yes, their drip cof-

fee costs \$3.50, but it comes in a huge bulging

cup, with a small top, so the heat stays in. Als

g, toast with jam (\$1.50), and you've got yourself a decent breakfast. Nine bucks including the

it's bottomless, if you ever make it through the

I sip and look. And wow. Eve catches a little

box at the bottom: "3 eggs any style, \$4." That plus

But here goes my wandering eye, I'm back up

still looking kinda cozy.

first cupful.



the top, and ooh, their chilaquiles Suizos ("Swiss") have queso fresco and poached eggs. Cost \$13, or \$18 with shrimp, \$16 with chicken So yes, now we're back up to the regular

Gaslamp price range. But I am tempted by a fresh

take on Benedict: fried rice Benedict. For \$14 you get "crispy ham, sambal (Indonesian relish) hollandaise, pickled radish salad, two poached eggs, house potatoes." Hmm. Except just below, we're talking the sweetness of various waffles, like a 5 mores waffle with

aham cracker crumble (\$9), or the delish-sounding orange thyme waffle with mascarpone and orange segments, plus boney (\$9).

Then again, back to savory: they sneak in a ow, mashed potato waffle.

Now there's a thought: a savory waffle! This

comes with cheese sauce, spicy sausage and green onions. Plus two egg

any style. I'm going for this one "Eggs?" savy

Felipe. "Over easy," I say. Felipe says mashed potato waffle is one of the at this location.

(Turns out they're the same gang who started Breakfast Republic, with places all over the county, includ-

ing one just a couple of blocks away. Seems they set this Gaslamp location up to ease the long waits at their 707 G Street East Village place,)

My waffle arrives. It is a lush affair. So underneath on this plate there's an actual waffle with crispy golden edges. But topside, it's all about the ooze of the cheese, the electric green scattering of chives, and specially the sausages and the sneaky little spice nips they give you. Works so well with the giant coffee. And best thing is, you can really gulp that hot stuff down, knowing you'll never

ason behind the Covid Curtain. So how come I feel so great? I chomp through, till I finally start to feel the prickles of pepper on the roof of my mouth. Scrumptious!

"I can see clearly now, the rain is gone." Johnny Nash on the sound system sings out the perfect song for this bright, sunshiny day.

Then, a reality check out on J Street. Guy and a girl pass by, wheeling a pile of gear that looks like it's their entire life. He notices a vacated table. Slips over and grabs a leftover tortilla. Walks on, waving it about. Then, when a car eases around the corner, he slaps it on the side window. Driver jerks to a stop, flings his door open, starts jumping out Girlfriend screams "Covid!" He gets back in and



Felipe heads for kitchen through empty interior

screeches off.

Then it's back to Johnny Nash, "Yes I can make t now, the pain is gone/All of the bad feelings have disappeared."

Whew. You can feel everybody relax Next time, I think I'll have the fried rice Bene dict. Want to try that Indonesian sambal.

I like this place. Gotta hand it to the owner. Felipe says his name is Johan Engman. Young guy. Correctly saw that, at heart, San Diego is a breakfast city. That's the meal we love the most. Proof? When everyone else is closing down, he's opening and opening. A dozen brekky places already,

I pay up, \$17.78. Feel I got my money's worth. But nice to know there's a \$4 three-egg option if I'm strapped.

Gal also getting up to leave is wearing this



saroon sweatshirt with a wine glass on the front. "Wine," it says, "the glue holding this 2020 shit show together."

The Place: Gaslamp Becakfast Company, 551 J Street, downtown, 619-937-3074

Hours: 7am-3pm daily

Peleon: Large office, 83:50, bottomless; three eggs any style, 54; toast with jum, 51:50; chilaquiles Suizas with
queso fresco, possibed eggs, 513: with shrimp, 518; with chicken, 516; fried rice Benedict with "crispy ham," sambal
hallandaste, ben possibed egg, bouse postatoes Sivners wiffles with grathour reactive cramble, 59 ownge (tyme
waffle with muscarpone, orange segments, honey, 39; marked pointo waffle, with cheese sauce, spicy sausage, two
eggs, 513; bottom omdet or seramble, 513; chicken confit and grits, 514; banana bread pancake (craam cheese
Base; 3

Bus: 3

Nearest Bus Stop: Market and 6th
Trolley: Green Line
Nearest Trolley Stop: Gaslamp Quarter, 5th and L.



San Diego Reader features Breakfast Company